## **Carlton Landing Foundation Disc Golf**

Name	Hole 1	Hole 2	Hole 3	Hole 4	Hole 5	Hole 6	Total



Each hole on our Mini Disc Golf course may look simple... but don't be fooled — We've added a challenge at every hole to keep things interesting! Hole 1 - Throw with Non-Dominant Hand

Hole 2 - Throw Behind the Back

**Hole 3 -** Throw While Standing on One Foot

Hole 4 - Throw with the Disc Upside Down

Hole 5 - Throw While Sitting Down

Hole 6 - Spin three times before throwing.

